



THE

# McCORMACK

## MESSENGER

IRENE McCORMACK  
CATHOLIC COLLEGE

Prayer Service Justice

IMCC Newsletter 15

Friday, 28<sup>th</sup> May 2021



The theme for LifeLink Day 2021 is *“How is God calling us to be a Christ-centred Church in Australia that is a joyful, hope-filled and servant community?”*.

The Archbishop’s Forum and Official Launch for LifeLink Day for Secondary Schools was held at Aranmore Catholic College on Thursday, 20<sup>th</sup> May 2021. Six students from the College attended the Forum and were joined by representatives from 27 Catholic secondary schools within the Archdiocese of Perth. It was a wonderful opportunity for our students to join together to show support for the many Catholic Church social service agencies which reach out to provide care and assistance to thousands of people in need each year.

The format of the Forum was educational and interactive. Archbishop Timothy Costelloe posed questions to students after his presentation and students were able to respond by uploading their answer via a device to an interactive portal. This information was then displayed anonymously on a screen for all representatives to read. Archbishop Costelloe, Bishop Donald Sproxton and Dr Debra Sayce openly discussed this information, feedback, ideas and suggestions which students provided. Students really welcomed the open question time as they were able to ask any question - personal, faith, political etc.

In concluding the Forum, Archbishop Costelloe expressed his desire for every student to return to their school, and share their experience with fellow students and teachers - helping to spread the good news about LifeLink and LifeLink Day.

Congratulations to the following students for being outstanding College ambassadors on the day:

- Joshua Grobbelaar (Year 12GB, Campus Ministry Prefect)
- Aleisha Carpene (Year 11GB)
- Libby Sprague (Year 10MA)
- Jericho Ayalde (Year 9EA)
- Michael O’Reilly (Year 8EA)
- Keeno Uriarte (Year 7GA)

**Mrs Daphne Peters**  
Campus Ministry

**LifeLink Day 2021**

Most Rev Timothy Costelloe SDB, Archbishop of Perth | Most Rev Donald Sproxton, Auxiliary Bishop of Perth, Chairman, LifeLink

**“On LifeLink Day, our brothers and sisters in need are depending on YOU... and everyone at YOUR SCHOOL.”**

**37,000 Western Australian families and individuals each year depend on our LifeLink agencies being there at their time of need.**

The Church’s LifeLink social service agencies respond to the calls of those in need, on behalf of us all.

[www.LifeLink.com.au](http://www.LifeLink.com.au)

Parish Information		
<p><b>Clarkson Parish</b> St Andrew’s Catholic Church Parish Priest, Fr Dariusz (Darek) Krzyształowicz SDS Tel: 9407 7512 E: <a href="mailto:standrewsclarkson@gmail.com">standrewsclarkson@gmail.com</a> <a href="http://www.standrewsclarkson.com/">http://www.standrewsclarkson.com/</a></p>	<p><b>Yanchep &amp; Lancelin Pastoral Area</b> Parish Priest, Fr. Augustine Puthota. Tel: 9561 2172</p>	<p><b>Ocean Reef Parish</b> St Simon Peter Catholic Church Parish Priest, Fr. Franciszek Kot Tel: 9300 4885 E: <a href="mailto:stsimon@westnet.com.au">stsimon@westnet.com.au</a></p>

# National Sorry Day

We acknowledge the past policies and practices which caused hurt, dispossession and loss of identity for Aboriginal and Torres Strait Islander peoples. We acknowledge that there needs to be healing between non-Aboriginal people and Aboriginal people. In 1986 Pope John Paul II reminded Australians that "For thousands of years this culture of yours was free to grow without interference by people from other places. You lived your lives in spiritual closeness to the land, with its animals, birds, fishes, waterholes, rivers, hills and mountains. Through your closeness to the land, you touched the sacredness of man's relationship with God, for the land was the proof of a power in life greater than yourselves".



The first National Sorry Day was held on 26<sup>th</sup> May 1998, one year after the *Bringing Them Home Report* was presented to parliament. The *Bringing Them Home Report* was the result of an inquiry into the removal of Aboriginal and Torres Strait Islander children from their families, and recommended an apology and reparations to Aboriginal and Torres Strait Islander people.

This National Sorry Day, let us all reflect on the need for genuine reconciliation, not just in word, but in deed and in action. We are invited to take action to make reconciliation a priority in order to heal relationships, and build a future of compassion and respect with Aboriginal people.

As we gather, we acknowledge the land on which we meet, recognise and respect the ongoing relationship and spiritual connection in which this land has always been held, and pay our respects to the Traditional Custodians of this land.

Care Group Teachers were invited to pray the following prayer with their Care Groups:

*Father,  
God of all people and every place,  
You created us equal, to know you, to love you and to love each other.  
On this National Sorry Day, we seek forgiveness for past hurts and present situations and ask that  
the spirit of reconciliation come down upon us and be evident in justice,  
in peace and in positive change,  
so that the peoples of this land are accepted and respected,  
are able to live in harmony, and to flourish.  
We make this prayer through Christ our Lord, who together with the Holy Spirit, lives and reigns with  
you God forever and ever.  
Amen.*

*Irene McCormack. Pray for us.*

**Mr Andrew Donaldson**  
**Assistant Deputy Principal Campus Ministry**

## GRIP Leadership Student Conference

On Wednesday, 19<sup>th</sup> May, ten students from Years 7-11 attended a GRIP Leadership Student Conference at Perth Convention and Exhibition Centre. We learnt how to adapt principles and skills that are primary to becoming future leaders. We also had the opportunity to interact and share ideas with other student leaders from schools in WA and engaged in exciting games and activities, each having key lessons behind them.

I personally enjoyed the experience and appreciate having the opportunity to gain an understanding of significant skills, principles, new perspectives and ideas, which I hope to share with others and implement in the school.

**Talitha Mavunga**  
Year 11EA



## Primary School students join us for 20 Year Celebrations

20 Year Celebrations continue this term, with the College hosting a variety of events throughout the year for local primary school students.

The young students will enjoy some of the wonderful activities organised by staff, including a Mini Masterchef Competition, Lego Engineering Challenge, Fiesta Art Competition and Winners' Art Workshop, Bridge Building Competition, Boys and Girls Soccer and Football Academy Clinics, Rock Climbing, the McCormack Masters Primary School Challenge and Performing Arts Workshops for Dance, Drama and Vocals, when primary school students will also be invited to perform with our students at their Performing Arts Gala Showcase on 24<sup>th</sup> June.

The events promise to be fun and engaging, while acknowledging and recognising our dedicated staff, students and the excellent facilities on campus shared with the community.

**Mrs Rosalie Richardson**  
Music Secretary



## Performing Arts Gala Night

Please join us for our Performing Arts Gala Night on 24<sup>th</sup> June 2021 at 6.30pm for an evening of Dance, Drama and Music, featuring Dance teams, Musical Theatre Group, Actors' Hub, Bands and Choir.

A light supper will be provided at 6pm before the show. Free entry.

**Mrs Rosalie Richardson**  
Music Secretary

A vertical poster for a performing arts gala night. The background is a dark blue space with golden and purple bokeh lights. At the top center is a circular logo with the number '20' and the text 'Celebrating 20 Years' and '2002-2021'. Below the logo, the text 'Irene McCormack Catholic College presents' is written in a white serif font. The main title 'PERFORMING ARTS' is in a bold, yellow, sans-serif font, followed by 'Gala' in a large, elegant, white cursive font, and 'Night' in a bold, yellow, sans-serif font. A yellow-bordered box in the center contains the date 'JUNE 24 2021' on the left and 'PAUL RAFTER CENTRE' and 'STARTS AT 6.30PM' on the right. At the bottom, the words 'Dance • Drama • Music' are written in a white cursive font. Below that, 'Free Entry' is written in a bold, yellow, sans-serif font, and 'Pre-show light supper provided at 6pm' is written in a white sans-serif font.

  
Irene McCormack Catholic College presents

**PERFORMING ARTS**  
*Gala*  
**Night**

JUNE  
**24**  
2021

PAUL RAFTER CENTRE  
STARTS AT 6.30PM

*Dance • Drama • Music*

**Free Entry**  
Pre-show light supper provided at 6pm

# How to Help Your Child

  
IRENE McCORMACK  
CATHOLIC COLLEGE

## How to help your child...

if you are worried about their wellbeing/mental health

- Make an appointment for you & your child to see a GP & discuss your concerns with them (request a double appt as GPs appreciate the extra time) – this may result in a referral to a local mental health practitioner  
This is often the quickest way to access mental health support
- Contact Headspace (9301 8900)  
[www.headspace.org.au](http://www.headspace.org.au)  
or Youth Focus (6266 4333)  
[www.youthfocus.com.au](http://www.youthfocus.com.au)

... to discuss a possible referral (they both offer free mental health support for young people)

**Please note:** The College Psychology Service can meet with your child, assess their needs & discuss a supportive plan of action (the College does not provide consecutive counselling sessions for students, yet may recommend engagement with external mental health services).

The College prioritises the health & safety of all our students, working in partnership with families, caregivers and health providers to ensure all students receive the support they need to learn and thrive within the College Community.

- **Importantly...**
  - Try to ignore any mild misbehaviour from your child (particularly until they are receiving regular mental health support)
  - Do not pressure your child to open up to you – simply say, “I’m here if you need me”
  - Let your child know you love them, simply by being near them & saying, “I like being here with you” (your silence is often golden to your child!)
  - Go outside as much as possible – the fresh air will help you cope while, at the same time, you model a healthy lifestyle (even just for 5 mins)



## ACC Cross Country

The ACC Cross Country was held at Perry Lakes yesterday. Our students competed well and enjoyed their successes. Some outstanding performances were:

Dante Armstrong - 1<sup>st</sup> place, U15 Boys

Mia Conroy - 3<sup>rd</sup> place, U16 Girls

Cara Dziegielewski - 9<sup>th</sup> place, U14 Girls

A full report of the event will feature in next week's newsletter.



Mr Robert Marshall  
Principal

