Project Compassion

“Never see a need without doing something about it”
Mary MacKillop’s Life Motto (1842-1909)

We may well have heard about the devastation caused by Cyclone Winston on Fiji and Tonga. We may have seen footage of the decimated island nations. However if we are not careful, we may pass by the plight currently faced by our Pacific neighbours and carry on with our own lives, too distracted to notice or too busy to help. Being part of the Irene McCormack Catholic College Community, means we challenge ourselves as staff, students and families to recognise need, wherever it may be, and in the footsteps of Irene McCormack, St Mary MacKillop and our Lord, work for justice and serve those in need. Jesus taught us through the parable of the Good Samaritan that we are all called to do what we can to help our brothers and sisters, wherever they are.

During Lent, we are already raising money through Project Compassion, to help support Caritas Australia. We acknowledge and thank everyone who has been making donations. As a result of Cyclone Winston however, Caritas Australia is responding with emergency supplies and sending people to help both Fiji and Tonga. “Cyclone Winston has left behind extensive damage to homes, public offices, businesses, trees, crops, roads, electricity lines, telephones and bridges,” said Josefo Nainima, Archdiocese of Suva’s Director for Justice and Development. Most of the villages along its path are completely destroyed with sea walls washed away. The most immediate needs would be tarpaulin, blankets, food, farming equipment and seedlings for vegetables,” he said, speaking from Suva.

We are all invited to dig deep to help Caritas Australia help the people of Fiji and Tonga. Each Care Group has a Project Compassion Box and we are aiming for at least $5 per head to be raised during the season of Lent. Also, during lunchtimes in Lent, Miss Milne has generously been collecting donations from students near the Canteen, front office and library.

Thank you on behalf of those who will benefit from your help. We look forward to being able to report and celebrate a significant contribution by our Community to this worthy cause.

Parish Weekend Mass Times

<table>
<thead>
<tr>
<th>Clarkson Parish</th>
<th>Yanchep Parish</th>
<th>Ocean Reef Parish</th>
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<tbody>
<tr>
<td>St Andrew’s Catholic Church</td>
<td>Parish Priest: Fr. Augustine Puthota. Tel: 9561 2172 Saturday 6.00pm (Vigil) at Yanchep Community Centre. Sunday 8.00am Guilderton Community Hall. Sunday 9.45am, 33 Gingin Road, Lancelin.</td>
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<tr>
<td>Parish Priest: Fr. Robert Carrillo Tel: 9407 7512 Email: <a href="mailto:standrewsclarkson@gmail.com">standrewsclarkson@gmail.com</a> Saturday 8.00am, 6.00pm (Vigil). Sunday 7.30am, 9.00am, 5.30pm.</td>
<td>Parish Priest: Fr. Augustine Puthota. Tel: 9561 2172 Saturday 6.00pm (Vigil) at Yanchep Community Centre. Sunday 8.00am Guilderton Community Hall. Sunday 9.45am, 33 Gingin Road, Lancelin.</td>
<td>St Simon Peter Catholic Church Parish Priest: Fr. Dariusz Krzysztofowicz Tel: 9300 4885 Email: <a href="mailto:stsimon@westnet.com.au">stsimon@westnet.com.au</a> Saturday 6.00pm (Vigil). Sunday 8.00am, 10.00am, 5.00pm.</td>
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Year 7 News

The Year 7 students have been well and truly busy, and engaged over the past few weeks.

Everyday Leader
On Monday, 15th February the Year 7 students gathered at the College at 7.15am to begin a journey to the University of Western Australia. We were fortunate to be selected to attend the “Everyday Leader - Be bold, be brave, be kind” program, which was aimed at assisting Year 7 students in transition to high school.

There was a great deal of noise and excitement as the students were welcomed into the Octagon Theatre. The day commenced with Music and dance performances, followed by an array of inspiring guests, who shared their stories and life experiences with the students. The goal of the day as expressed by the Leaders was “To empower young people to be the best authentic version of themselves” (www.everydayleader.com).
Interhouse Swimming Carnival
On Wednesday, 17th February the Interhouse Swimming Carnival took place. The Year 7 students were enthusiastic and enjoyed the day, especially getting into the lovely cool water on yet another hot day.

Mary MacKillop Centre - Sisters of St Joseph
From Monday, 22nd February to Thursday, 25th February all Year 7 students had the opportunity to visit the Mary MacKillop Centre in South Perth. This excursion is an important introduction and historical background to our patron, Sister Irene McCormack and Saint Mary MacKillop. St Mary of the Cross MacKillop is the first Australian Saint and the founder of the Sisters of St Joseph, to which Irene belonged. This year marks 150 years since the foundation of the Sisters of St Joseph of the Sacred Heart. It also marks 25 years since Irene McCormack was murdered in Peru, while helping the poor (www.sosj.org.au).

Mrs Michelle Smith
Dean of Year 7

Production Camp
On Friday, 19th February the Production cast, dancers and musicians set off from the College for their Wonderland Production Camp at Advent Park in Maida Vale.

The Camp ran over two days and was filled with intense rehearsals and practice for the upcoming Production being performed in May. The Camp was a huge success and the Production is sounding and looking fantastic.

A big thank you to Miss Malam, Miss Christie, Miss Brankstone, Miss Harte and Mrs McGinley for their ongoing support, and for their time and commitment leading the Camp and holding rehearsals. Also thank you to Mr Swindells for some helpful team bonding skills, and to Mrs Richardson and Mrs Tabram who worked around the clock in the kitchen to supply everyone with food and drink.

To all the staff and students who participated, thank you for an enjoyable and successful Camp.

Reagan Whiting
Music Captain

Year 9 Parent Evening

“Parents as Career Partners” was the theme of our Year 9 Parent Information held on Monday, 22nd February.

Care Group Teachers welcomed parents and distributed Student Career Workbooks, to enable parents to engage in dialogue with their children about career choices being discussed at school. This workbook will be brought into school by students this term for career lessons each Tuesday, during extended Care Group. The College Career Counsellor, Ms Chris Tonkin, will take the career lessons with support from Care Group Teachers.

Ms Nancy Bonfiglio, Deputy Principal, presented information regarding NAPLAN, OLNA and graduation requirements.

The powerpoint from the Year 9 Parent Evening is available on the College website, under the Student Learning Year 9 heading and is also available on CONEQT in Documents.

If you have any questions or concerns, please do not hesitate to contact your son or daughter’s Care Group Teacher or myself at the College on 9562 2400 or white.debbie@imcc.wa.edu

Mrs Debbie White
Dean of Year 9

Year 12 Outdoor Education
Penguin Island Excursion

On Wednesday, 10th February, Outdoor Education students from 12 ATAR and 12 Certificate II Outdoor Recreation classes headed to Penguin Island for a Kayaking Training day. The day was in preparation for their upcoming week long expedition to Exmouth in May, where they will be paddling up the pristine Ningaloo Coast.
We were lucky enough to have beautiful conditions where the temperature was hovering in the mid-30s and little to no wind for the whole day. Capricorn Sea Kayaking took students through various paddling techniques, rescues and packing in preparation for their expedition.

Students will be travelling with all their camping equipment for the duration of the camp and will be fully self-sufficient. The day proved to be very informative for both students and teachers.

Ms Karolina Lewy  
Outdoor Education Teacher

What is differentiation?

With the start of the new school year, many parents will have had an opportunity to view your child’s timetable. In Years 7-10, the students at Irene McCormack Catholic College who study Religious Education, Social Science, English, Mathematics and Science engage in courses that are differentiated.

Differentiation consists of the efforts of teachers to respond to variance among learners in the classroom. Whenever a teacher reaches out to an individual or small group to vary his or her teaching in order to create the best learning experience possible, that teacher is differentiating instruction and at IMCC this occurs in various course levels.
Teachers can differentiate at least four classroom elements based on student readiness, interest, or learning profile:

**Content** – what the student needs to learn or how the student will get access to the information;

**Process** – activities in which the student engages in order to make sense of or master the content;

**Products** – culminating projects that ask the student to rehearse, apply and extend what he or she has learned in a unit; and

**Learning environment** – the way the classroom works and feels.

**What does this mean?**

If your child is in:

**Academic Extension:** this pathway is allocated to high achieving students who are most likely to follow a pathway to a course in the senior secondary years that will lead to higher entrance level at university.

**Course 3:** this pathway is undertaken by high ability students who, given good performance in Years 7-10, will study courses in Years 11 and 12 that will lead to university study.

**Course 2:** this pathway is for those students who are approaching average academic performance. They generally focus their study on senior secondary courses that will lead to a State Training Provider (formerly TAFE) and the possibility of lower entrance level university courses.

**Course 1:** this pathway provides students with smaller sized classes and places great emphasis on support for literacy and numeracy. These students work towards Year 10 and 11 courses that lead to State Training Providers, traineeships and apprenticeships.

Ms Nancy Bonfiglio
Deputy Principal

**After recognising possible mental health problems in young people**

Last week we detailed the signs of mental health distress and the changes you might see in a young person. Whilst many of these changes could just be part of the normal ups and downs of life, if they persist for an extended period of time and begin to significantly impact on your child’s life, then it is possible that a mental health problem may be developing. If this is the case, then it is very important to keep supporting your child and to encourage him or her to seek help. It is also important to keep realistic expectations about recovery and change. The main thing is to persist with the help and in time there will be improvement.

If you are worried about the health and safety of your child:

- Talk openly and honestly with them, and let them know that you are concerned.
- Reassure them you will be there for them and ask what they need from you.
- Let them know there is lots of help available. They will be able to talk to health professionals in private if they wish.
  - Ask direct questions if you are concerned about suicide. For example,
    - have you been thinking about death?
    - have you thought about ending your life?
- Help them find an appropriate service, such as Headspace, Youth Focus or your family GP and support them in attending such visits.
It is often helpful to support a young person who is distressed or worried to manage their stress and stay calm. You can do this until you can see a health professional (or whenever needed).

More information will follow next week regarding how you can help a young person who is stressed.

Mrs Dianne Bridge
College Psychologist

Safety Advice for Students

What to do if you ever feel threatened or unsafe on public transport:

- If available ask a Transit Officer or Transperth staff member for help or just stand near them for safety.
- Call 92209999 – save this number in your mobile.
- On a bus, speak to the bus driver.
- On a train, push the emergency button to speak to the driver.
- On a train station, push the emergency button on an information kiosk to speak to our Central Monitoring Room.
- On train stations, stay in well-lit areas in view of security cameras.

Other safety tips:

- If possible, have someone come to meet you, or tell friends or family when you expect to be home.
- On train stations, stand back from the yellow line on the edge of the platform. When trains go past they create a powerful draft that can unbalance you.
- Use only the proper access routes when you enter or exit train stations.
- Always stay off train tracks. Walking across them is dangerous and illegal.

Tribute to Monsignor James Nestor for his contribution to Catholic Education in Western Australia

Monsignor James Nestor, recently passed away. Monsignor Nestor is remembered for his outstanding leadership in Catholic Education. Dr Tim McDonald, The Director of Catholic Education Western Australia, has prepared a tribute to Monsignor Nestor, detailing his achievements and gives an account of an important time in the development of the Catholic Education system in WA.
Monsignor James Nestor became Director of the Catholic Education Office in 1968, amidst grave uncertainty about funding and the future of Catholic schools. A close personal friend of Peter Tannock, Monsignor Nestor commissioned him to produce a “Report on the Needs of Catholic Schools in Western Australia 1970 – 1974” which became a critical document in developing the architecture for the future of Catholic education in Western Australia. He helped to build on the educational foundations laid by the Sisters of Mercy, Christian Brothers and other religious communities.

Recognising the need to continue to develop Catholic education, particularly overall governance, he formed the Catholic Education Commission of Western Australia (CECWA) in 1971 and was appointed Chairperson. Archbishop Goody placed great faith in Monsignor Nestor and CECWA in its work to draw together the system as we know it.

Monsignor Nestor was further challenged by dramatic increases in demand for Catholic enrolments. During these times, Archbishop Goody placed great faith in Monsignor Nestor. Monsignor Nestor earned the confidence of the bishops and provided a critical link between CECWA and the clergy and various religious communities. At times there was anxiety amongst the clergy, especially as the focus of control of schools moved. Monsignor Nestor was outstanding in his ability to calm the waters and was acknowledged by Bishop Quinn when he said “he was by nature a person who could dialogue and who wouldn't be running a campaign to win an argument….a person who would be seeking the truth, a great listener….able to explain clearly and thoroughly decisions that might not immediately be acceptable to a person”.

Those fortunate enough to have known Monsignor Nestor would remember him exactly in these words. He was a man of intellect, integrity, wisdom, vision and a tireless worker for Catholic education and his God. The families and children of Loreto Nedlands would recall with fondness his work as Parish Priest at Holy Rosary Church.

Under his Directorship, Monsignor Nestor saw the establishment of the Catholic Institute in 1975. He was also awarded the papal medal Pro Ecclesia et Pontifice (for Church and Pope) by Pope Benedict XVI for his work in creating a state wide system of Catholic schools in all four dioceses.

Catholic Education Western Australia owes an immense debt to Monsignor James Nestor for leading the development of the unique system of 163 schools across the state. This is commonly cited as a reason for Catholic Education Western Australia being considered the jewel in the crown nationally.

We should give thanks to the visionary work he undertook and the legacy he has left our 163 schools and almost 80,000 students.

Rest in Peace Monsignor Nestor.

2017 Year 7 Scholarship & Bursaries

Applications are now invited for the following Year 7 2017 Scholarship and Bursaries. 


**St Andrew’s Catholic Parish Bursary**

**St Andrew’s Catholic Primary School Bursary**

**Brighton Catholic Primary School Bursary**

**Aboriginal Bursaries**

Further information and Applications forms are available from the College website or by emailing admin@imcc.wa.edu.au.

Applications close on Friday, 8th April 2016.
St Andrew’s Parish News

**Stations of the Cross**
Every Friday of Lent
6.30pm - Evening Prayer of the Church
7.00pm - Stations of the Cross

**Reconciliation**
Every Saturday of Lent
11.00am-12 noon
5.00pm-5.30pm

**Easter Raffle**
The St Andrew’s Fundraising Committee will be running an Easter raffle. Tickets will be on sale at each mass for $2 each or 3 for $5. Any donations of Easter eggs or other Easter paraphernalia would be greatly appreciated, and can be left in the foyer.

St Andrew’s Youth – new email address saintandrewsyouthclarkson@hotmail.com

Community News

3 Day Sports Camps 6-16 year old girls and boys.
For more information visit www.australianssportscamps.com.au, or 1300 914 368
admin@australianssportscamps.com.au.

Mr Robert Marshall
Principal