St Vincent de Paul Christmas Appeal

Wake up on Christmas morning knowing that you have made a difference to someone’s life!

The St Vincent de Paul Society believes the best gifts you can give this Christmas are DIGNITY, JOY and HOPE.

We can help the Vinnie’s achieve that this year through our 2015 Irene McCormack Christmas Appeal. Each Care group at the College has a hamper that is just waiting to be filled with your generous and thoughtful contributions!

The hampers will be gifted to families in our own local community who are experiencing hardship this Christmas.

Your donations can be in the form of food, toiletries, Christmas decorations or small gifts. Gift card and voucher donations are also welcome and are one of the best ways to enable families to do their own Christmas shopping.

Your donations will help ease the burden that many families experience at this time of year and will fill their homes with DIGNITY, JOY and HOPE this Christmas!

Miss Cherie Milne
Christian Service Coordinator

Year 7 Reflection Day

Last Friday 13th November, all the Year 7 students attended our Reflection Day. The purpose of this relaxing day was to reflect on the year and to think about what we want to do in the future. We all walked from Burns Beach to Mullaloo and had three different stopping points. At each stop Mr Swindells read out a small story from the Bible and then we worked on little activities ~ Jayde Hilson, Year 7 Student.

Reflection Day was a fun and relaxing day. Throughout the day Mr Swindells read to us at different stops and we reflected on them. We had lots of fun walking with our friends and having a good time mingling with new people. We had a little time at the end to go to the beach, and it was really good just talking and hanging out with friends. At the end of our trip we took a little bit of time to reflect. The Year 7 students learnt a lot from the trip and we also had a great time while learning ~ Francesca Sinagra, Year 7 Student.

Parish Weekend Mass Times

<table>
<thead>
<tr>
<th>Clarkson Parish</th>
<th>Yanchep Parish</th>
<th>Ocean Reef Parish</th>
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<tbody>
<tr>
<td>St Andrew’s Catholic Church</td>
<td>Parish Priest: Fr. Augustine Puthota. Tel: 9561 2172 Saturday 6.00pm (Vigil) at St James Anglican Church, Yanchep. Sunday 8.00am Guilderton Community Hall. Sunday 9.45am, 33 Gingin Road, Lancelin.</td>
<td>St Simon Peter Catholic Church Tel: 9300 4885 Email: <a href="mailto:stsimon@westnet.com.au">stsimon@westnet.com.au</a> Saturday 6.00pm (Vigil). Sunday 8.00am, 10.00am, 5.00pm.</td>
</tr>
<tr>
<td>Parish Priest: Fr. Robert Carrillo Tel: 9407 7512 Email: <a href="mailto:standrewsclarkson@gmail.com">standrewsclarkson@gmail.com</a> Saturday 8.00am, 6.00pm (Vigil). Sunday 7.30am, 9.00am, 5.30pm.</td>
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We received a lovely letter from a member of the public commending our students on their behaviour during the outing. He said our students were such a joy to watch that he had to enquire as to what school they attended. Well done to our Year 7 students!

**Joining the family: Baptism**

On Sunday 15th November, three of our students, Devan Stokes, Jessica Anderson, and Holly Kallane received the Sacrament of Baptism at St Andrew’s Parish in Clarkson. In choosing to be baptised these students have chosen to become part of God’s family in the Catholic Church. This brings the College’s total to five young people in our College who have actively chosen to receive this Sacrament over the last three years. A big thank you to Father Robert for administering the Sacrament, and to the family and friends who also came along.
**What is Baptism?**

Baptism is the first of seven Sacraments a person can receive in the Catholic Church. Once a person has received Baptism they become a member of the Catholic Church, a new creation in Christ and part of the Laity of the Church (Baptised members who are not Priests or Religious). The Sacrament of Baptism is the first of the three Sacraments of Initiation, the others being Confirmation and the Eucharist.

If you are interested in your child undertaking Baptism, Reconciliation, first Holy Communion or Confirmation in 2016 or have any queries please e-mail krishnan.kym@imcc.wa.edu.au or Swindells.John@imcc.wa.edu.au.

**Miss Kym Krishnan**  
Youth Minister

**Year 7 Disco**

On Tuesday 27th October a “sports” themed social was held in the College undercroft for the Year 7 students. The costumes varied from cheerleaders to soccer players with many more in between.
Year 7 students enjoyed dancing to music provided by the Year 7 DJs. They cheered on the interesting and entertaining karaoke performances and enjoyed pizza for supper.

This was a great opportunity for the Year 7 students to get to know each other better and gather as a big group to have a night filled with entertainment and enjoyment.

Special thanks to the Year 7 Representatives and Mrs Smith for organising the night, as well as the volunteers and Year 7 Care Group teachers ~ Isla Brazier, Year 7 Student.

2016 Year 7 Orientation

It was with much pleasure that we welcomed our 2016 Year 7 students to Irene McCormack Catholic College for their Orientation Day on 9th November. There were a few nervous students, but the nerves seemed to disappear quite quickly as they heard more about the College and what we will be offering them next year. Our fantastic Performing Arts Department also entertained them with music and dance items.
Following the assembly, Year 10 Student Leaders assisted groups of Year 6 children to participate in different learning opportunities. Nine different lessons were offered and the children attended four of those lessons. The sessions were broken up with recess on the lawn and concluded with a sausage sizzle lunch while being entertained by our Year 7 Rock Band.

It was a lovely day for the students who seemed to gain confidence in knowing what the College is like and what great things they can look forward to in 2016. The busy day concluded with an Information Evening for the 2016 Year 7 Parent Group. We had a very pleasing turnout, and I look forward to building relationships with both new and existing families in the years to come.

We are all looking forward to welcoming the new group formally to our College on 2nd February 2016.

Mrs Michelle Smith
Dean of Year 7

P & F Christmas Raffle

P & F Christmas Raffle

Baskets of Goodies

One ticket for 50c
or five tickets for $2

Available from
Years 7-10 Student Councillors

Year 7 Food Technology

This term in Food Technology we have been learning about the structure of eggs and how to use eggs in many ways.

This week we were all able to hold an ostrich egg, and scrambled and tasted it. The scrambled egg was really creamy and many of the class enjoyed it, as most of us hadn’t had a chance to taste it before.
Next lesson we will prepare our own recipe named Dinosaur Eggs, which are boiled eggs covered with breadcrumbs. Making the Dinosaur Eggs will teach us many more skills in cooking like coating, frying and boiling.

Jayde Hilson and Georgia Ridley
Year 7 Students

Regional VETiS Commercial Cookery Competition

Year 12 student Seth Capon, has been awarded the Gold Medal position in the Regional VETiS Commercial Cookery Competition in the 2015 Worldskills WA Regional Competition.

Seth is now eligible to represent WA at the national competitions next year.

Mrs Erin Gallen
VET Coordinator

2015 IMCC 5-a-side Soccer Competition

Surprise package FC Banterlona made history by becoming the first Year 7 team to reach the Semi-finals of the IMCC 5-a-side Soccer Competition, however their Year 10 opponents, ‘Slav Squad’, proved too strong for them as they progressed into the Grand Final and remain the only unbeaten team in the tournament. The teachers team, ‘Los Maestros’, were brought down to earth by Year 11 outfit ‘Puyol Pants FC’, proving that quality can overcome experience. The final match promises to be quite a spectacle with arguably the two best teams having made it through to the 2015 showpiece.

Slav Squad team mates, Matt McGlynn and Chok Dau currently lead the goal-scorers’ chart, although Grand Final opponent John Doherty, one goal behind them, might have some say as to who receives the ultimate accolade.

Quarterfinals Results:

<table>
<thead>
<tr>
<th>QF 1: FC Banterlona</th>
<th>v</th>
<th>Bantana 07</th>
<th>1 (Banterlona won 3 – 2 on penalties)</th>
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</thead>
<tbody>
<tr>
<td>QF 2: Slav Squad</td>
<td>v</td>
<td>Amazing</td>
<td>0</td>
</tr>
<tr>
<td>QF 3: Bains on Toast</td>
<td>v</td>
<td>Los Maestros</td>
<td>0 (Los Maestros won 2 – 1 on penalties)</td>
</tr>
<tr>
<td>QF 4: Petr Cech Yourself</td>
<td>v</td>
<td>Puyol Pants FC</td>
<td>3</td>
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Semifinals Results:

<table>
<thead>
<tr>
<th>SF 1: FC Banterlona</th>
<th>v</th>
<th>Slav Squad</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>SF 2: Los Maestros</td>
<td>v</td>
<td>Puyol Pants FC</td>
<td>6</td>
</tr>
</tbody>
</table>

Grand Final:

Slav Squad v Puyol Pants FC

Top Scorers:

<table>
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<tr>
<th>NAME</th>
<th>Goals Scored</th>
</tr>
</thead>
<tbody>
<tr>
<td>Matt McGlynn</td>
<td>10</td>
</tr>
<tr>
<td>Chok Dau</td>
<td>10</td>
</tr>
<tr>
<td>John Doherty</td>
<td>9</td>
</tr>
<tr>
<td>Jamie King</td>
<td>5</td>
</tr>
<tr>
<td>Frazer Houghton</td>
<td>4</td>
</tr>
<tr>
<td>Declan Russell</td>
<td>4</td>
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</tbody>
</table>
Mr Tony Summers  
5-a-side Soccer Coach

**Uniform Shop**

There are just a few weeks left this year to purchase items from the Uniform Shop and avoid the holiday rush.

We are seeking volunteers to assist in the shop this term and also for the three extra trading afternoons in November/December to assist with the new students for 2016. Any help will be appreciated and no experience is necessary. If you are able to help, please contact the Uniform Shop on 9562 2430 or email waite.lynn@imcc.wa.edu.au.

For all new students in 2016, the Uniform Shop will be opening later on 24th November, and 1st and 3rd December (see times below) to place layby orders. If these times aren't suitable you may visit the Uniform Shop during the regular opening times during this term. Items bought for new 2016 students may be exchanged before the start of Term 1 if necessary.

The new sports uniform is compulsory for new Year 7 students and for students entering Years 8 and 9 in 2016.

Hats/caps are compulsory for Term 4 and Term 1 2016. Caps are $9 and bucket hats $13 each. We still have stock of our older styles of sport shorts, sport pants and track jackets at discounted prices.

If you are unsure or have concerns regarding uniform sizing for your child, please contact me to discuss. This includes all new students for 2016.
Trading Hours for Term 4 for all existing and new students
Tuesday noon- 4.00pm
Thursday 8.00am-11.00am
Extra Trading Hours - Only for new students for 2016
Tuesday 24th November 4.00pm-6.00pm
Tuesday 1st December 4.00pm-6.00pm
Thursday 3rd December 1.00pm-6.00pm
The Uniform Shop will be closing later on the last day of trading for Term 4 on 10th December. We will be opening from 8.00am-1.30pm on this day only.

Holiday Trading Hours
Thursday 21st January 8.30am-3pm
Thursday 28th January 8.30am-3pm
We will reopen for Term 1 2016 on Tuesday 2nd February from 8am to 10am and then noon to 4pm.

Mrs Lyn Waite
Uniform Shop Coordinator

Early adolescence is a crucial time for identity development. It is a time when adolescents are questioning their place in the world and making sense of their surroundings. It is a time when future pursuits are being explored. It is when one forms an identity separate to their parents. Being able to participate in weekend sporting competitions and other informal physical activities is also very important for social interactions. However we don’t know to what extent an adolescents’ level of motor competence impacts on the formation of their identity. The results from this study will be important in helping us understand what is involved in this important process.

Who can participate?

Adolescents in year 9, 10 & 11 will complete questions around:
1. Self-perception
2. Identity formation
3. Motor competence
(these should take about 90 minutes).

Their parents will complete:
1. Motor competence questionnaire
2. Attention, impulsivity and activity questionnaire (these should take about 15 minutes).

As a thank you for participating, your name will go into a draw to win a $50 iTunes Voucher.
You can also choose to participate in Phase 2: focus group discussion with adolescents or an interview for parents.

Interested to get involved? Click on the links below:

The link for parents is available on our website:
https://sitra013a1.aiq.rutgers.edu/98/750D-5V_e5gKXv/TwC/MRkir

Below is the link for your child(ren):
https://sitra013a1.aiq.rutgers.edu/98/750D-5V_3moAHwp6G9VxC9b

Please contact me if you have any difficulties with the links or if you would prefer to receive hardcopies of the questionnaires.

Chief Investigator,
Amanda Tintle

This project is being conducted by Ms Amanda Tintle and it has been approved by the ethics committee of the University of Notre Dame Australia under the supervision of Professor Ruth Monda & Dr Fiona McGeevey.

Mrs Dianne Bridge
College Psychologist
Community News

City of Wanneroo Free Food Sensations Workshop for ages 18+
November 23rd November 2015 11.30am-1.30pm at Butler Community Centre, Butler.
Fun, practical and interactive workshop with a nutrition and cooking class in one.
Limited places. Register now with Healthy Communities Team programs@wanneroo.wa.gov.au
9405 5000.

Embrace the Grace 2015 Masterpiece. The largest Catholic youth conference in WA.
9th-13th December 2015 for young people aged 16-30 held in New Norcia.
Contact admin@cym.com.au 9422 7912. Register at www.cym.com.au/embracethegrace

Leeuwin Ocean Adventure Foundation new sailing season.
For more information and to see our voyage program for 2016, please visit our website
www.sailleeuwin.com or contact our team on (08) 9430 4105 or by email at office@sailleeuwin.com.

Mr Robert Marshall
Principal