From the Principal

Open Day

College staff, in particular our Groundsmen, Mr Dawid Engelbrecht and Mr James Gullen, have been busy with preparations for the Open Day next Tuesday, 24th March.

There are still places available on the guided tours at 9.00am and 1.30pm. Bookings are essential. To book please contact 9562 2400 or email admin@imcc.wa.edu.au.

The Open Day presents an excellent opportunity for prospective parents and students to experience the College during a school day.

Clarkson Library Display

Clarkson Library celebrates its 10th Year in the Community this Saturday, 21st March with an Open Day from 10.00am. Activities will be held throughout the day with local community displays on show, including IMCC’s own display in the foyer.

Parish Weekend Mass Times

<table>
<thead>
<tr>
<th>Parish</th>
<th>Address</th>
<th>Telephone</th>
<th>Email</th>
<th>Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clarkson Parish</td>
<td>St Andrew’s Catholic Church</td>
<td>9407 7512</td>
<td><a href="mailto:standrewsclarkson@gmail.com">standrewsclarkson@gmail.com</a></td>
<td>Saturday 8.00am, 6.00pm (Vigil), Sunday 7.30am, 9.00am, 5.30pm</td>
</tr>
<tr>
<td>Yanchep Parish</td>
<td>Tel: 9561 2172</td>
<td></td>
<td><a href="mailto:stsimon@westnet.com.au">stsimon@westnet.com.au</a></td>
<td>Saturday 6.00pm at St James Anglican Church</td>
</tr>
<tr>
<td>Ocean Reef Parish</td>
<td>St Simon Peter Catholic Church</td>
<td>9300 4885</td>
<td>sts <a href="mailto:Simon@westnet.com.au">Simon@westnet.com.au</a></td>
<td>Saturday 6.00pm (Vigil), Sunday 8.00am, 10.00am, 5.00pm</td>
</tr>
</tbody>
</table>
2016 Year 7 Academic Scholarship

Registration for the 2016 Year 7 Academic Scholarship Examination is now open. Please register at http://scholarships.acer.edu.au/intro/544. Applications close on 15th April 2015. The Scholarship Examination will be held at the College on Saturday, 9th May 2015. For further information email admin@imcc.wa.edu.au.

Catholic Colleges Networking and Leadership Day

On Friday, 13th March ten Year 11 students were given the opportunity to travel to the Newman Sienna Centre in Doubleview, to take part in a networking and leadership day with six other schools. The day began by splitting all participants into groups from which the Year 11 students gathered ideas and suggestions that they could bring back to the College and share with their leadership group.

It was extremely valuable to learn about other schools’ customs and leadership culture. A visit from Hockeyroos member, Ashleigh Nelson, provided the students with a motivational role model who displayed inspirational leadership qualities that future leaders could take on board.

Through team building exercises and time to interact with each other, the students have all made valuable contacts and friends for the future.

Olivia McManus
Year 11 Student

Mock Trials Competition

On Monday night IMCC competed in their first Mock Trial against Willetton Senior High School. The teams were well-prepared, confident and performed exceptionally well for their first round. A marginal loss against an experienced team is something both teams can be very proud of.

We would like to extend a big thank you to Mrs Wilder for organising and preparing the teams, and to Mr Tim Colcutt from HHG Legal Group for his coaching. We would also like to thank parents who came to support these students in watching the Mock Trial.

We are very proud of our teams’ efforts and look forward to their future progress.

Mrs Adele Baker
Head of Society and Environment
Year 11 ATAR Outdoor Education Expedition

On Sunday, 8th March, 18 students set off from school to begin their hiking, abseiling and rock climbing expedition in the Margaret River Region. Over the six days, students hiked over 36 km on the Cape to Cape Track, abseiled both into caves and down sea cliffs, as well as scaling 30 metre high cliffs.
Many students faced their fears of heights and also challenged themselves to go beyond their limits. All students had the opportunity to lead the group on various sections of the hike, which proved to be a valuable experience for all.

Thank you to the staff who attended the expedition - Mr Bright, Miss Sunderland and Miss Du Randt. The expedition would not have been as successful without their help.

Miss Karolina Lewy
Outdoor Education Teacher

Junior CAS Cricket Update

Peter Moyes Anglican School was no match for our vastly improving Junior Boys’ Team who outplayed them in every facet of the game. Cooper O'Brien became our fourth batsman of the current campaign to retire his innings, having scored 30+ runs, helping us reach our highest total to date – 198 runs! Our fielding team restricted the opposition to 143 runs, taking seven wickets in the process.

Despite two narrow defeats, there still remains the outside chance of winning this year’s competition. Watch this space!

Mr Tony Summers
Cricket Coach

Graeme Wood Shield Competition

After a tough first game against Belridge Senior High School and a close second game against Butler College, the Senior Boys Cricket Team were very determined to get a win under their belts. So under Jason Little’s captaincy they bowled first and were able to restrict Carine Senior High School to just 109 with Josh Collins picking up 5/16 off his four overs. Even though it was a small run chase they weren’t confident because of the collapses in the last two matches. Jason completed a captain’s knock by scoring 57 runs in 38 balls which included four fours in one over and a massive six that almost landed on the road to set up the teams chase.

After a small collapse Beau Brammall chipped in with a run a ball 22 to seal the game and give the boys a much-deserved victory!! In the end we made 127. Congratulations to our students. They showed a lot of endeavour and played the games in great spirit.

There is a lot to look forward to for next year’s competition with some great cricketing talent coming through the ranks.

Mr Peter Dymnicki
Cricket Coach
## Round 4 CAS Results v Peter Moyes

<table>
<thead>
<tr>
<th>Year 10, 11 &amp; 12</th>
<th>IMCC</th>
<th>St Marks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Girls Basketball</td>
<td>21</td>
<td>31</td>
</tr>
<tr>
<td>Boys Basketball</td>
<td>12</td>
<td>34</td>
</tr>
<tr>
<td>Girls Touch Rugby</td>
<td>1</td>
<td>7</td>
</tr>
<tr>
<td>Boys Volleyball v SSC</td>
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<td>2</td>
</tr>
<tr>
<td>Girls Volleyball v SSC</td>
<td>2</td>
<td>1</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Year 8 &amp;9</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Y8 Girls Basketball</td>
<td>6</td>
<td>40</td>
</tr>
<tr>
<td>Y9 Girls Basketball</td>
<td>36</td>
<td>16</td>
</tr>
<tr>
<td>Y8 Boys Basketball</td>
<td>28</td>
<td>46</td>
</tr>
<tr>
<td>Y9 Boys Basketball</td>
<td>39</td>
<td>10</td>
</tr>
<tr>
<td>Y8/9 Boys Cricket</td>
<td>198</td>
<td>143</td>
</tr>
<tr>
<td>Y8/9 Girls Tennis</td>
<td>3</td>
<td>1</td>
</tr>
<tr>
<td>Y8/9 Boys Tennis</td>
<td>0</td>
<td>4</td>
</tr>
<tr>
<td>Y8/9 Girls Touch Rugby</td>
<td>1</td>
<td>9</td>
</tr>
</tbody>
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## Self-Harm – Part 1
– What can Family and Friends do to help?

You may feel:
A wide range of conflicting emotions, such as shock, panic, anger, frustration, sadness, guilt, protectiveness.

Try not to take the self-harm personally. It is not aimed at you and it is not being done to hurt you.

What to do:
- Don’t panic.
- Educate yourself about self-harm.
- Talk about the self-harm. It will not go away if you pretend it doesn’t exist. Not talking about it just reinforces the shame and secrecy associated with it.
- Be honest about your thoughts and feelings. Many people who self-harm have trouble expressing their thoughts and feelings. So don’t bottle yours up. Model the correct way to express feelings and emotions. Don’t be afraid to laugh if it is appropriate.
- Deal with the immediate medical concerns. It is most helpful if wounds are tended to in a calm and practical manner with minimum fuss.

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## State Team for Alysse

Congratulations to Alysse Harris (7EA) on her selection into the Calisthenics Association of Western Australia’s Junior State Team for 2015. It is a major achievement being a State Representative, with only 22 being selected from the whole of WA. We wish her every success.

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Mrs Michelle Smith  
Dean of Year 7
Soccer and AFL kits are now ready for purchase from the Uniform Shop (we are still waiting for the girls’ AFL jumpers).

Blazers are compulsory for all students in 2015. The majority of blazer stock is ready for collection, with the remainder arriving in a couple of weeks. The price for blazers is $162. This year, students in Years 7 to 10 will require blazers, so please come in early to beat the rush.

Any students with an uncollected sock order, please visit the Uniform Shop.

If you have any concerns regarding the sizing of any uniform item or if you need a special order to be made, please contact me as soon as possible to ensure orders are received in time. It usually takes 8 to 9 weeks for a special order to be done. If you are unsure, please do not hesitate to contact me to discuss.

Over the next few weeks we suggest that all students try on their winter uniform.

Winter uniform consists of:
Boys - trousers, plain black school belt, tie, dark grey socks and summer white short-sleeved shirt.
Girls - skirt, white short-sleeved shirt, tie and summer socks or tights.
**Tights are only compulsory for formal occasions and not for everyday wear in winter.**

You may purchase jumpers, scarves, tights or shower jackets from the Uniform Shop. Only jumpers (not sport jackets) may be worn with the winter uniform. Tights are $9, and scarves and ties are $15.

We are in desperate need of volunteers for March and during the Term 1 holiday times. If you can spare a couple of hours, please contact the Uniform Shop. No experience is necessary.
Our **extended trading** for collection of blazers and the winter uniform are as follows:

- **Tuesday 24th March**    noon to 6pm
- **Thursday 26th March** 8am – noon, then reopening at 2pm - 6pm
- **Tuesday 31st March** noon to 6pm

Closing time for the **last day** of trading for the Uniform Shop on 2nd April is 2pm.

**Holiday Opening times:**
- **Tuesday 14th April** 8.30am to 5.30pm
- **Thursday 16th April** 8.30am to 5.30pm

**Term trading hours:**
- **Tuesday** noon – 4pm
- **Thursday** 8am – 11am

Mrs Lyn Waite
Uniform Shop Coordinator

### Community News

**Seasons for Growth.** An adult grief and loss program. Wednesday 25th March and 1st April, 7.00 - 9.30pm at Mater Dei College, Edgewater. Contact Sr Margaret Kane rsj 9440 3914 margk2@bigpond.net.au

Hillarys Yacht Club Start Sailing School Holiday Program April 2015
Start Sailing 1, Start Sailing 2, Better Sailing, Start Racing, Better Racing
7th - 10th April and 13th - 17th April 2015
For more information email development@hillarysyachtclub.com.au 9246 2833, www.hillarysyachtclub.com.au

Hillarys Yacht Club Junior Fishing Clinic April 2015
3 Day Clinic, 7th - 9th April
For more information email development@hillarysyachtclub.com.au 9246 2833, www.hillarysyachtclub.com.au

Seasons for Growth, Companion Training for the Young People’s Program, Primary & Secondary Levels. Wednesday 22nd & 23rd April (8.30am – 4.00pm) at Mary MacKillop Centre, South Perth.
Register online www.goodgrief.org.au – training.

University of WA Choral Society and the Royal Agricultural Society of WA Brass present The Armed Man – A Mass for Peace. Sunday, 3rd May at 3.00p.m.
www.thearmedmanperth.com  www.ticketsWA.com

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Mr Robert Marshall
Principal