Best Wishes to our Year 11 and 12 Students

Good luck and best wishes to our Year 11 and 12 students for their exams commencing on Monday next week.

Students are only required to attend the College for the examinations they have, or when requested by a subject teacher or their Dean of Year. All students who have an examination have been given an individual examination timetable, instructions on what time they need to arrive and what is needed for the examination.

If students are sick or have an accident that prevents them from attending an exam, they must have a medical certificate for the day they have missed the examination. They are also required to contact the College informing Student Reception about their absence before the exam commencement time. Student Reception will contact their Dean of Year or Mrs Bonfiglio.

Welcome

In recent weeks we welcomed back to the College two of our former teachers who will take classes for staff on Long Service leave.

Mrs Jane Cox will be with us during Terms 2 and 3, assisting with classes of Mr Liam Rafferty who is on long service leave, and Mr Andrew Billingsley who is the Dean of Year 12 for Terms 2 and 3. Mr Billingsley will also continue with his responsibilities as Head of Learning Support.

Mr Ross Laing will be with us until the end of term replacing Mr Devin Martin who is taking long service leave. Mr Laing gave a very moving address to our school community on Irene McCormack Day about his experience of being in Kathmandu during the recent earthquake and the severe challenges faced by the Nepalese people in the aftermath of the quake.

We wish Mrs Cox and Mr Laing a very successful and rewarding experience back at IMCC.

Parish Weekend Mass Times

<table>
<thead>
<tr>
<th>Parish</th>
<th>Church</th>
<th>Tel</th>
<th>Email</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clarkson Parish</td>
<td>St Andrew's Catholic Church</td>
<td>9407 7512</td>
<td><a href="mailto:standrewsclarkson@gmail.com">standrewsclarkson@gmail.com</a></td>
<td>8.00am, 6.00pm</td>
<td>7.30am, 9.00am, 5.30pm</td>
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<tr>
<td></td>
<td>Parish Priest: Fr. Robert Carrillo</td>
<td></td>
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<td></td>
<td>Tel: 9407 7512</td>
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<tr>
<td></td>
<td>Email: <a href="mailto:standrewsclarkson@gmail.com">standrewsclarkson@gmail.com</a></td>
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</tr>
<tr>
<td>Yanchep Parish</td>
<td>St James Anglican Church</td>
<td>9561 2172</td>
<td><a href="mailto:stsimon@westnet.com.au">stsimon@westnet.com.au</a></td>
<td>6.00pm</td>
<td>8.00am, 10.00am, 5.00pm</td>
</tr>
<tr>
<td></td>
<td>Tel: Saturday 6.00pm at St James</td>
<td></td>
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<td></td>
<td></td>
<td></td>
<td>Anglican Church</td>
<td></td>
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<tr>
<td>Ocean Reef Parish</td>
<td>St Simon Peter Catholic Church</td>
<td>9300 4885</td>
<td></td>
<td>6.00pm (Vigil)</td>
<td></td>
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<tr>
<td></td>
<td>Tel:</td>
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<td>Sunday</td>
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<td></td>
<td>Email:</td>
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Gymnasium and Performing Arts Facilities Building Commences

Together with the work undertaken by students in classrooms, there has been great activity in the College with work carried out for:

- The earthworks, reticulation and the planting of grass for the extension of the oval and the area near the entry car park.

- The installation of a temporary drive with access from Headingly Crescent for building construction vehicles and the College buses.

- Ground work preparation of the Gymnasium and Performing Arts Facilities building.
The new building work will commence in the coming weeks. The building site safety fencing will be installed today.

For the extensive work undertaken we are appreciate of the contribution of:
- BroadTrans Earthmoving.
- Elliot’s Reticulation.
- Lovegrove Turf Services for the oval grass planting.
- Our College Grounds and Maintenance Team
- College Board members who have contributed advice and support.

The preparation for the new building has been undertaken by Parry and Rosenthal Architects and the builder is Perkins.

**Temporary Change for Physical Education Uniform Requirements**

Due to the building works the student change rooms will be out of commission until the construction concludes in May 2016. As a result of this our Physical Education uniform procedure will temporarily change. Due to the lack of adequate changing facilities on days that students have Physical or Outdoor Education classes, students may wear Physical Education uniform to school. During Terms 2 and 3 the College Tracksuit is part of the sports uniform.

If students have any queries regarding the use of sport uniform, they should see their Dean of Year or Physical Education Teacher.

**IMCC Parents & Friends Group**

Parents are invited to join the IMCC Parents & Friends Group. It is a wonderful opportunity to meet other parents and to work with teachers as part of a vibrant community to meet the needs of the IMCC students.

A meeting will be held on Wednesday 20th May at 6.00pm in the College Boardroom. Kindly RSVP your attendance to Mrs Bonfiglio on (08) 9562 2400 or by email Bonfiglio.nancy@imcc.wa.edu.au.

**Mrs Nancy Bonfiglio**  
Deputy Principal

**Medieval Night**

On Thursday 7th May, our Year 8 students were invited to attend Medieval Night. A night full of knights, lords and ladies, dancing and festivities. Students dressed as characters from the Middle Ages, which they are studying in Society and Environment classes this term.

The night began with a Maypole dance and bouncy castle fun, ending with a medieval feast of roast chicken. A highlight of the night was a performance by The Grey Company with a re-enactment of a Crusades-style melee and tournament of champions. Congratulations to those students who really put a lot of thought and effort into their costumes.
A big thank you to Mrs Adele Baker, Head of Society and Environment, Miss Babic, Miss Maher, Mr McLatchie, Miss McKenzie, Miss Lo Biundo and Mrs Wilder who helped organise and run this event. Thanks also to Mrs Luitingh, the Year 11 student helpers, and to all the staff who assisted on the night.

**Year 12 Integrated Science**

The Year 12 Integrated Science, Science of Sailing Course, saw the students participating in their second of three sailing experiences on a 12 metre Challenger yacht. The first session back in March was to familiarise themselves with the parts of the boat, and how the boat works and sails.

This week they have conducted an investigation to discover which direction to the wind this particular yacht sails best. This meant measuring the boat speed, the wind speed and the wind direction, ensuring the sails were trimmed to exactly the best position for maximum efficiency at nine different points of sail.

Once we had the wind behind us the sailing was much more comfortable, such that we could enjoy a bit of morning tea. The weather was perfect for the task set for the students and the Year 12 students, Miss Kirton, Mr Tony Williams and myself had a thoroughly enjoyable and challenging morning on the waters outside Hillarys Marina. I look forward to experience number three and more good sailing in June!
Mr Julian Gugenheim
Science Teacher

Model United Nations Evatt

On Thursday 7th May, four Year 10 students competed in the Model United Nations Evatt Competition at the University of Western Australia. Congratulations to Leah Ayres, Emilee Erikson, Jordyn Grevers and Alexandra Robinson who represented the countries of France and Nigeria.

The Evatt Competition is a simulation of the UN Security Council (UNSC), one of the principal organs of the United Nations and the body with the maintenance of international peace and security. The aim of a team in an Evatt Competition is to achieve your nation’s goals through diplomacy.
The arena is the **UN Security Council**, convened to consider a draft resolution (drawn up by the UN Youth judges).

These students did a great job representing these two countries and prepared themselves very well. It is great to hear how much these students enjoyed the debate and are able to share their experiences with their fellow students. Thank you to Mr Coutts for assisting in transporting these students to and from the event.

**Year 10 Constitutional Centre Incursion**

On Tuesday, 12th May all Year 10 Society and Environment classes were involved in a workshop run by the Constitutional Centre of Western Australia.

Students learnt about Australia’s Constitution, our three levels of government, responsibilities of each level of government and elections. This presentation complements students’ learning in class about government and provided them with good information to study for exams.

**Mock Trials Round 2**

Our Mock Trial teams continued to provide well-prepared cases in their second round mock trials against Guildford Grammar School on Wednesday 6th May at the Supreme Courts. Both teams were defeated in their cases, but one was only by the narrowest of margins, losing by two points. Both teams are to be commended on their efforts.

Thanks to Mr Colcutt (team coach), Mrs Wilder and Miss Maher for their help in preparing these teams. Also, thanks to Mr Summers for driving the bus and Mrs Pearce for her support on the night.

*Mrs Adele Baker*

*Head of Society & Environment*
Year 12 Student Declaration

Parent Information – Online Student Declaration and Permission

Year 12 students and those students enrolled in a WACE examination in 2015 will be asked to complete the online student declaration and permission. Details of this process will be emailed separately.

The deadline for students to complete this process online is 29th June 2015.

Mr Andrew Billingsley
Acting Dean of Year 12

Music News

In last week’s Year 7 Rock Band newsletter article we unfortunately omitted Aidan Warbrick from the Band list. Aidan is the lead guitarist for the band. We look forward to hearing his fantastic playing at some upcoming events.

The closing date for all entries into the Catholic Performing Arts Festival has now closed. We had a record number of candidates this year with 72 entries from Rock Bands, Swing Band, Barbershop, soloists and many more. Entering all of the applicants is a very big job. We would like to take this opportunity to give a very big thank you to Mrs Rosalie Richardson for the time and effort she has put in to organising all of the entries and collating all of the music.

To all students involved in the Festival, keep up the fantastic work. We look forward to hearing your polished performances in August.

Miss Kylie Malam
Head of Performing Arts

Language Perfect World Championships

This year, all French students are welcome to participate in the Language Perfect World Championships for free. There are over $100,000 worth of awesome prizes such as Macbooks and iPads to be won, so don’t waste a minute! Log onto your account and start competing now!

Ms Cat Harrison
Language Coordinator
Cross Country

Students who were selected for the Inter-school Cross Country Team have been training every Tuesday and Thursday morning for the last three weeks in preparation for the ACC Cross Country Carnival. This event will be held at Alderbury Reserve on 28th May.

The students have been performing exceptionally well during the training sessions, creating a very positive and competitive environment, helping to push each other to improve and to beat their times each week. We have high hopes as the Carnival draws nearer. We would like to invite all parents, families and friends to come down to support on the day.

CAS Sports Results

Junior CAS Results – Week 2

<table>
<thead>
<tr>
<th>Team</th>
<th>IMCC</th>
<th>Lake Joondalup</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>Girls Yr 7 Netball (A)</td>
<td>12</td>
<td>5</td>
<td>WIN</td>
</tr>
<tr>
<td>Girls Yr 7 Soccer</td>
<td>4</td>
<td>0</td>
<td>WIN</td>
</tr>
<tr>
<td>Girls Yr 8 Netball</td>
<td>3</td>
<td>19</td>
<td>LOSS</td>
</tr>
<tr>
<td>Girls Yr 8/9 Soccer</td>
<td>10</td>
<td>0</td>
<td>WIN</td>
</tr>
<tr>
<td>Girls Yr 9 Netball</td>
<td>12</td>
<td>25</td>
<td>LOSS</td>
</tr>
<tr>
<td>Boys Yr 7 Soccer</td>
<td>6</td>
<td>1</td>
<td>WIN</td>
</tr>
<tr>
<td>Boys Yr 7 Basketball</td>
<td>10</td>
<td>39</td>
<td>LOSS</td>
</tr>
<tr>
<td>Boys Yr 8/9 AFL</td>
<td>55</td>
<td>17</td>
<td>WIN</td>
</tr>
<tr>
<td>Boys Yr 8/9 Soccer</td>
<td>10</td>
<td>0</td>
<td>WIN</td>
</tr>
</tbody>
</table>

Senior CAS Results – Week 2

<table>
<thead>
<tr>
<th>Team</th>
<th>IMCC</th>
<th>Lake Joondalup</th>
<th>Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>Girls Yr 10 Netball</td>
<td>17</td>
<td>36</td>
<td>LOSS</td>
</tr>
<tr>
<td>Girls Yr 11/12 Netball</td>
<td>38</td>
<td>40</td>
<td>LOSS</td>
</tr>
<tr>
<td>Girls Senior Soccer</td>
<td>FORFEIT</td>
<td>FORFEIT</td>
<td>WIN</td>
</tr>
<tr>
<td>Boys Senior Soccer</td>
<td>0</td>
<td>4</td>
<td>LOSS</td>
</tr>
</tbody>
</table>

Miss Chante Du Randt  
Physical Education Assistant
Self-Harm – Part 3
What else can Family and Friends do to help?

More ways you can help:

- **Keeping it real about risk:** be clear with young people that self-harm can at times pose a real risk. Let them know that if you are worried for their safety, then there may be times when you need to tell someone else.

- **Don’t forbid self-harm:** telling someone not to harm themself is both aversive and condescending. Most individuals would give it up if they could. It is a coping mechanism they use to stay alive. Even casual comments encouraging your relative or friend to stop should be avoided because they run the risk of damaging your relationship and form a barrier to effective communication. However, it is also important to give a sense of hope that they can stop if they want to, and if they are able to be supported to deal with some of the underlying issues.

- **Understand the severity of their distress:** the fact that a relative or friend has chosen physical pain over emotional pain indicates that they are experiencing intense inner turmoil. Young people often say that others fail to take their feelings seriously. You have an opportunity to recognise such signs of stress and find some way of talking about it. Provide a safe and open environment in which they can freely discuss their thoughts and feelings.

- **Get some help with your own reactions:** the behaviours of others can have a profound effect on you, so it is important to take care of yourself emotionally, mentally and physically. Give yourself some time and space to have these feelings, away from the young person affected. It often helps talk to a professional to get further information about self-harm, talk about your own relationship with the person and discuss what thoughts their self-harm raises for you.

**DON’T**
- Panic
- Think you can stop them if they don’t want to stop
- Feel responsible
- Try to make them feel guilty
- Punish them

Mrs Dianne Bridge
College Psychologist

St Andrew’s Parish News

St Andrew’s Catholic Parish
Sunday Processional Service
Sunday, 31st May. 8.00am
Procession, 9.00am Mass, 10.00am
Morning Tea/Fellowship.
St Andrew’s Catholic Parish Social Committee Winter Dance.
27th June 2015 RAAF Base Hall, Merriwa 7.00pm – 11.00pm.
Tickets available at the back of church after every Mass.
For more information contact mel.l@iinet.net.au

Community News

Free Multisport Program at Kingsbridge Reserve, Butler.
For ages 5 years to 18 years old.
Wednesday – Tennis, 5.30pm to 7pm.
Friday – Soccer, 7pm to 9pm.
For more information contact Edmund Rice Centre 9349 9660 or Lisbeth@ercm.org.au.

City of Wanneroo First Aid Workshops for Families – May/June.
Series of Free 3 hour workshops will be delivered by Royal Life Saving.
Register now – bookings are essential and places are limited.
Contact Sam Doran-Bryce, 9405 5939, email: sam.doran-bryce@wanneroo.wa.gov.au

Mr Robert Marshall
Principal